

# St. Gregory of Nyssa Orthodox Church

## Catechism Class

### **The Basics of Orthodoxy 101 Class:** Course Outline

Topic 1: Introduction: What is the Orthodox Church? (*The Faith*, Intro.)

- “ 2: The Foundations of our Faith (*Faith*, Chp.1)
- “ 3: The Holy Trinity (part 1) (*Faith*, Chp.2)
- “ 4: The Holy Trinity (part 2) (*Faith*, Chp.2)
- “ 5: The Creation of Man (*The Life*, Chp.1, plus *Faith*, Chp.3)
- “ 6: The Fall of Mankind (*Life*, Chp.2, plus *Faith*, Chp.4)
- “ 7: The Passions: How the Fall affects each of us (*Faith*, Chp.4; Who?)
- “ 8: The Messiah: The Person and Work of Christ (*Life*, Chp.3)
- “ 9: The Incarnation: Who do you say that I AM? (*Faith*, Chp.6)
- “ 10: The Virgin Mary: Mankind’s “Yes” to God (*Faith*, Chp.7)
- “ 11A: The Teachings of Christ (part 1): Humility (*Faith*, Chp.8)
- “ 11B: The Teachings of Christ (part 2) (Bible verses)
- “ 12: The Death and Resurrection of Christ (*Life*, Chp.4, plus *Faith*, Chp.9)
- “ 13: The Judgment, Heaven and Hell (*Life*, Chp.5)
- “ 14A: Our Union with Christ (part 1) (*Life*, Chp.6)
- “ 14B: Our Union with Christ (part 2) (*Life*, Chp.6)
- “ 15: The Meaning of Theosis (*Life*, Chp.9)
- “ 16: The West’s Deconstruction of Theosis (*Life*, Chp.10)

#### Resources:

Carlton, Clark. *The Faith: Understanding Orthodox Christianity, An Orthodox Catechism*. Salisbury, MA: Regina Orthodox Press, 1997.

Carlton, Clark. *The Life: The Orthodox Doctrine of Salvation, An Orthodox Catechism*. Salisbury, MA: Regina Orthodox Press, 2000.